



One Week Prior to Procedure:

- If you take “blood thinners” such as Coumadin, Plavix, or aspirin you may be asked to stop these temporarily. We will consult with your medical doctor.
- Have prescriptions filled if prescribed in advance.

Day Before the Procedure:

- Prepare soft foods for the days following surgery.
- Do not drink alcohol.
- If prescribed, start antibiotics.
- If a sedative has been prescribed, take it as directed. You cannot drive if you are sedated.

Day of the Procedure:

- Clean your mouth thoroughly (brushing and flossing) prior to surgery .
- Do NOT wear make-up.
- Eat an adequate breakfast and/or lunch (except in case of sedation, see the sedation preoperative instructions form).
- Wear comfortable clothes.

You can call our emergency number (819-790-9581) 7 days a week, even after hours and leave us a message. We will get back to you shortly. You can also email us at urgent@perioclinic.ca